



WHEN LIFE BEATS YOU UP

THE PRACTICAL REQUIREMENTS OF COMFORT

2 CORINTHIANS 1:8-11

Dr. Mike Fabarez • Compass Bible Church • January 25 & 26, 2025 • 2 Corinthians, week 3 • Msg. 25-03

1. Be _____ (v.8)

2. Trust _____ (v.9)

3. Affirm _____ (v.10)

4. Request _____ (v.11a)

5. Always _____ (v.11b)

2 Cor. 1:8-11 For we do not want you to be unaware, brothers, of the affliction we experienced in Asia. For we were so utterly burdened beyond our strength that we despaired of life itself. **9** Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead. **10** He delivered us from such a deadly peril, and he will deliver us. On him we have set our hope that he will deliver us again. **11** You also must help us by prayer, so that many will give thanks on our behalf for the blessing granted us through the prayers of many. (ESV)

Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others.

1. Read **2 Corinthians 1:8**. Why are you reluctant at times to share your struggles, fears, or bouts of hopelessness with other Christians? What misunderstandings do you fear might result from being that transparent?
2. Read **Psalms 20:7** and **2 Chronicles 16:12**. Keeping in mind that God's word never demeans or dismisses the important roles of physicians and armies, when have you, like King Asa, trusted in the means and not the source of God's help? Why is this such a critical error for Christians?
3. Read **Proverbs 23:17-18** and **Philippians 1:19-22**. What can you do to more optimistically and courageously face discouraging circumstances and hard seasons of life in light of God's good plans for his children?
4. Read **1 Thessalonians 5:25**. When was the last time you did what Paul is modeling here? Why don't you ask this more often? What things would be on the list? Who would be the most obvious people to request this of?
5. Read **Psalms 59:16-17**. For what specific provisions of comfort and strength is God deserving of your praise and thanksgiving this week?

The following related sermons are also available for downloading or streaming on the Focal Point Website and App (FPR.org).

Msg. 19-36 – **The Unrivalled Fellowship of His Church**
Msg. 05-38 – **Anchoring Our Thanksgiving on What Matters Most**
Msg. 06-28 – **Impeccable Promises & Divine Character**
Msg. 11-09 – **Empathy for God's Embattled People**
Msg. 12-04 – **Learning to Encourage One Another**
Msg. 11-29 – **Prayerfully Reliant & Highly Committed Participants**
Msg. 07-08 – 07-10 – **Real Hope** [a three-part series]

Daily Bible Reading Schedule

Jan. 26th Ex.11-12 & Mt.18:21-35
Jan. 27th Ex.13-15 & Mt.19:1-15
Jan. 28th Ex.16-18 & Mt.19:16-30
Jan. 29th Ex.19-21 & Mt.20:1-16
Jan. 30th Ex.22-24 & Mt.20:17-34
Jan. 31st Ex.25-26 & Mt.21:1-22
Feb. 1st Ex.27-28 & Mt.21:23-46
Feb. 2nd Ex.29-30 & Mt.22:1-22

Here are some books that may assist you in a deeper study of the truths presented in today's sermon. While Pastor Mike cannot endorse every concept presented in each book, he does believe these resources will be helpful in profitably thinking through today's topic.

Bennett, Arthur. **The Valley of Vision: A Collection of Puritan Prayers & Devotions**. Banner of Truth, 1997.
Challies, Tim. **Knowing and Enjoying God**. Harvest House Publishers, 2021.
Cosby, Brian H. **Suffering and Sovereignty: John Flavel and the Puritans on Afflictive Providence**. RH Books, 2012.
Hiebert, Edmond. **Working with God Through Intercessory Prayer**. BJU Press, 1991.
Ironside, H. A. **Praying in the Holy Spirit**. Loizeaux, 1946.
Kaiser, Walter C. **Grief and Pain in the Plan of God: Christian Assurance and the Message of Lamentations**. CF, 2004.
Kistler, Don. **Trust and Obey: Obedience and the Christian**. Soli Deo Gloria Ministries, 1997.
Mohler, Mary. **Growing in Gratitude: Rediscovering the Joy of a Thankful Heart**. Good Book Co., 2018.
Ryle, J. C. **A Call to Prayer**. Audubon Press, 2002.
Schreiner, Thomas. **Run to Win the Prize: Perseverance in the New Testament**. Crossway, 2010.
Swindoll, Charles. **Hope Again**. Word Publishing, 1996.
Rose Publishing. **Bible Promises of Hope and Courage**. Rose Publishing, Inc., 2006.
Whitney, Donald. **Spiritual Disciplines Within the Church: Participating Fully in the Body of Christ**. Moody, 1996.