



A THANKSGIVING LIST

Preparing Our Attitude for the Holidays

Philippians 4:8

Dr. Mike Fabarez • Focal Point Radio Ministries • November 18 & 19, 2017 • Msg. 17-35 • Social Media: #ThanksgivingList

1. Be _____ (v.8b)

Philippians 4:8

*Finally, brothers,
whatever is true,
whatever is honorable,
whatever is just,
whatever is pure,
whatever is lovely,
whatever is commendable,
if there is any excellence,
if there is anything worthy
of praise, think about
these things. (ESV)*

2. Think _____ (v.8a)

A.

B.

C.

D.

E.

F.

Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others.

1. Read **Proverbs 4:20-23; 12:5 & 15:26**. Why, as God's people, should we care so much about our minds, thoughts, and contemplations?
2. Read **Ephesians 4:17-18** and **Romans 12:2**. What are some of the notable distinctions that should be observed were we able to see the hour-by-hour thoughts of Christians and non-Christians?
3. Read **Psalms 1:1-2 & 119:15-16**. What kind of correlation have you experienced (for better or for worse) between focused time spent in God's word and your daily thought life?
4. Read **Philippians 4:8**. Which of the six "excellent" and praiseworthy categories we looked at in the sermon was most challenging for you? Why do you think that has been difficult for you?
5. Read **Psalms 9:1**. What will you do to ensure that you remember to actually thank God for the "excellent" things you have purposed to ponder more often?

This Week's Bible Reading Schedule

November 19th
Ezk. 20-21 & Jms. 1

November 20th
Ezk. 22-23 & Jms. 2

November 21st
Ezk. 24-26 & Jms. 3

November 22nd
Ezk. 27-28 & Jms. 4

November 23rd
Ezk. 29-31 & Jms. 5

November 24th
Ezk. 32-33 & 1Pt. 1

November 25th
Ezk. 34-35 & 1Pt. 2

November 26th
Ezk. 36-37 & 1Pt. 3

The following related sermons are also available for downloading or streaming on the Focal Point Website (FocalPointMinistries.org).

Msg. 16-40 – **Offering God a Heart of Gratitude**
Msg. 10-34 – **Gratitude for Grace & Respect for the King**
Msg. 09-03 – **The Unfailing Promises of God's Word**
Msg. 08-29 – **Sin & Unholy Thinking**
Msg. 07-18 – **Trusting God When Hope Seems Lost**
Msg. 12-39 – **The Wealth of Those Who Don't Seem to Have Much**
Msg. 10-23 – **Perspectives on Fairness, Justice, and Grace**

This Sermon's Social Media Hashtag

#ThanksgivingList

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Here are some books which may assist you in a deeper study of the truths presented in today's sermon. While Pastor Mike cannot endorse every concept presented in each book, he does believe these resources will be helpful in profitably thinking through today's topic.

Adams, Jay. **What Do You Do When You Worry All the Time?** P & R Publishing, 1975.
DeMoss, Nancy. **Choosing Gratitude: Your Journey into Joy.** Moody Publishing, 2009.
Downing, Jim. **Meditation.** NavPress, 2014.
Lane, Timothy. **Living Without Worry: How to Replace Anxiety with Peace.** The Good Book Company, 2015.
Lloyd-Jones, Martyn. **Spiritual Depression: Its Causes and Cure.** Eerdmans, 1965.
Pao, David W. **Thanksgiving.** InterVarsity Press, 2003.
Powlison, David. **Worry: Pursuing a Better Path to Peace.** P & R Publishing, 2004.
Raine, Barbara. **Thanksgiving: A Time to Remember.** Crossway Books, 2003.
Rose Publishing. **Bible Promises of Hope and Courage.** Rose Publishing, Inc., 2006.
Saxton, David W. **God's Battle Plan for the Mind: The Puritan Practice of Biblical Meditation.** RH Books, 2015.
Stott, John R. W. **Your Mind Matters.** InterVarsity, 1972.
Swindoll, Charles. **Laugh Again.** Word Publishing, 1991.
Wiersbe, Warren W. **Prayer, Praise & Promises: A Daily Walk Through the Psalms.** Baker Books, 2013.
Witmer, Timothy J. **Mindscape: What to Think About Instead of Worrying.** New Growth Press, 2014.