



Israel's Greatest Hits

Count Your Blessings

Psalms 103

Dr. Mike Fabarez • Focal Point Radio Ministries • July 14 & 15, 2012 • Psalms Series • CD 12-23

[A PSALM] OF DAVID.

1. Worship God with...

A. _____ (vv. 1a, 19-22)

B. _____ (v. 1b)

C. _____ (v. 1c)

D. _____ (v. 2)

2. Worship God for...

A. _____ (vv. 3a, 10-14)

B. _____ (vv. 3b-4, 6-9)

C. _____ (vv. 5, 15-18)

1 Bless the LORD, O my soul, and all that is within me, bless his holy name! **2** Bless the LORD, O my soul, and forget not all his benefits, **3** who forgives all your iniquity, who heals all your diseases, **4** who redeems your life from the pit, who crowns you with steadfast love and mercy, **5** who satisfies you with good so that your youth is renewed like the eagle's. **6** The LORD works righteousness and justice for all who are oppressed. **7** He made known his ways to Moses, his acts to the people of Israel. **8** The LORD is merciful and gracious, slow to anger and abounding in steadfast love. **9** He will not always chide, nor will he keep his anger forever. **10** He does not deal with us according to our sins, nor repay us according to our iniquities. **11** For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; **12** as far as the east is from the west, so far does he remove our transgressions from us. **13** As a father shows compassion to his children, so the LORD shows compassion to those who fear him. **14** For he knows our frame; he remembers that we are dust. **15** As for man, his days are like grass; he flourishes like a flower of the field; **16** for the wind passes over it, and it is gone, and its place knows it no more. **17** But the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children, **18** to those who keep his covenant and remember to do his commandments. **19** The LORD has established his throne in the heavens, and his kingdom rules over all. **20** Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word! **21** Bless the LORD, all his hosts, his ministers, who do his will! **22** Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul! (ESV)

Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others.

1. What are some of the reasons, causes or excuses we Christians have for not being more thankful than we are?
2. Read **Luke 17:11-18**. Many Christians live as though praise to God is superfluous. How should this record of Christ's response to ingratitude amend our view of praising God?
3. Read **Psalms 69:30-31**. How can these two verses motivate you to be more thankful?
4. Read **Colossians 1:12-14**. Why should this reason for praising God dominate your worship and thanksgiving?
5. Read **Psalms 68:19**. What can you do to be more mindful of and thankful for God's "daily" deliverances?
6. Read **James 1:16-17**. What are some of the "good" things that God has brought into your life lately that have brought refreshment?

The CBC Bible Reading Schedule for this Week:

Go to ESV.org (Reading Plans: Though the Bible) for schedule prompts.

July 15th

Ps. 17-18 & Ac. 19:1-20

July 16th

Ps. 19-21 & Ac. 19:21-41

July 17th

Ps. 22-24 & Ac. 20:1-16

July 18th

Ps. 25-27 & Ac. 20:17-38

July 19th

Ps. 28-30 & Ac. 21:1-14

July 20th

Ps. 31-33 & Ac. 21:5-40

July 21st

Ps. 34-35 & Ac. 22

July 22nd

Ps. 36-37 & Ac. 23:1-11

The following related sermons are also available for free as mp3 downloads or audio streaming on the Focal Point Website (FocalPointMinistries.org).

CD # 1139 – ***Gratitude: The Gift for the One Who Has Everything***

CD # 0538 – ***Anchoring Our Thanksgiving in What Matters Most***

CD # 0527 – ***What to Give a King: How to Serve a Christ You've Never Seen***

CD # 0807 – ***Purposeful Praise: Rejuvenating Your Christian Life***

CD # 1209 – ***The Profound Encouragement of God***

Here are some books which may assist you in a deeper study of the truths presented in today's sermon. While Pastor Mike cannot endorse every concept presented in each book, he does believe these resources will be helpful in profitably thinking through today's topic.

DeMoss, Nancy. ***The Attitude of Gratitude: Developing a Thankful Heart***. Life Action Ministries, 2000.

Erickson, Millard J. ***God the Father Almighty: A Contemporary Exploration of the Divine Attributes***. Baker Books, 1998.

Jarrell, Jane. ***50 Ways to a Thankful Heart***. Harvest House, 2000. *[This book is designed to help children learn to be grateful.]*

Lutz, Susan. ***Thankfulness: Even When It Hurts***. P & R, 2002.

Packer, J. I. ***Knowing God***. InterVarsity Press, 1973.

Pao, David W. ***Thanksgiving: An Investigation of a Pauline Theme***. InterVarsity Press, 2003.

Phillips, J. B. ***Your God is Too Small***. Touchstone Books, 1997.

Pink, Arthur W. ***The Attributes of God***. Baker Books, 1975.

Rainey, Barbara. ***Thanksgiving: A Time to Remember***. Crossway Books, 2003.

Spurgeon, Charles. ***Power in Praising God***. Whitaker House, 1998.

Swindoll, Charles. ***Hope Again***. Word Publishing, 1996.

_____. ***Laugh Again***. Word Publishing, 1991.

Tozer, A. W. "Thankfulness as a Moral Therapeutic," in ***The Root of Righteousness***. Christian Publications, 1955.

_____. ***The Knowledge of the Holy: The Attributes of God & Their Meaning in the Christian Life***. Harper, 1998.