



# Israel's Greatest Hits

The Brevity of Life

Psalm 90

Dr. Mike Fabarez • Focal Point Radio Ministries • June 16 & 17, 2012 • Psalms Series • CD 12-21

A PRAYER OF MOSES,  
THE MAN OF GOD.

**1** Lord, you have been our dwelling place in all generations. **2** Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God. **3** You return man to dust and say, "Return, O children of man!" **4** For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. **5** You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: **6** in the morning it flourishes and is renewed; in the evening it fades and withers. **7** For we are brought to an end by your anger; by your wrath we are dismayed. **8** You have set our iniquities before you, our secret sins in the light of your presence. **9** For all our days pass away under your wrath; we bring our years to an end like a sigh. **10** The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. **11** Who considers the power of your anger, and your wrath according to the fear of you? **12** So teach us to number our days that we may get a heart of wisdom. **13** Return, O LORD! How long? Have pity on your servants! **14** Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. **15** Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil. **16** Let your work be shown to your servants, and your glorious power to their children. **17** Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! (ESV)

1. Be \_\_\_\_\_ (vv.1-6)

2. Consider \_\_\_\_\_ (vv.7-12)

3. Seek \_\_\_\_\_ (vv.13-17)

# Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others.

1. Read **Psalm 39:4-6**. What are some of the implications of rightly pondering the brevity of this life?
2. Read **James 4:13-17**. How would you help someone to understand the serious indictment of "boasting" and "arrogance" in regard to so common and seemingly innocuous as making plans without giving thought to the frail and fleeting nature of life?
3. Read **Genesis 3:16-19**. What is the advantage of being mindful of the theological reasons that ultimately led to our human experience of all varieties of pain and suffering?
4. Read **1 Corinthians 10:5-13**. How does the example of the circumstances surrounding the forty-year Israelite wandering help you to resist the temptations in your life today?
5. Read **Ezra 7:8-10**. What do we learn from a passage like this, when we see God turn a bad situation around for us, as he was doing for those Israelites who had been exiled in Babylon?

## **The CBC Bible Reading Schedule for this Week:**

Go to [ESV.org](http://ESV.org) (Reading Plans: Though the Bible) for schedule prompts.

**June 17<sup>th</sup>**

*Neh. 4-6 & Ac. 2:14-47*

**June 18<sup>th</sup>**

*Neh. 7-8 & Ac. 3*

**June 19<sup>th</sup>**

*Neh. 9-11 & Ac. 4:1-22*

**June 20<sup>th</sup>**

*Neh. 12-13 & Ac. 4:23-37*

**June 21<sup>st</sup>**

*Esth. 1-3 & Ac. 5:1-16*

**June 22<sup>nd</sup>**

*Esth. 4-6 & Ac. 5:17-42*

**June 23<sup>rd</sup>**

*Esth. 7-10 & Ac. 6*

**June 24<sup>th</sup>**

*Job 1-3 & Ac. 7:1-19*

The following related sermons are also available for free as mp3 downloads or audio streaming on the Focal Point Website ([FocalPointMinistries.org](http://FocalPointMinistries.org)).

CD # 0534 – **Setting Our Sights on a Lifetime of Serving Christ**

CD # 0611 – **Striving for Punctual Spiritual Progress**

CD # 0732 – **Our Fight With Sin: Seeing Obedience as an Act of Worship**

CD # 0034 – **Hyperopic Christianity: Seeing Beyond this Life**

CD # 0015 – **Octogenarian Wisdom: Value Judgments that are Ahead of Your Time**

CD # 0427–0431 – **Life's Last Enemy** (a 5-part series on death, dying & resurrection)

Here are some books which may assist you in a deeper study of the truths presented in today's sermon. While Pastor Mike cannot endorse every concept presented in each book, he does believe these resources will be helpful in profitably thinking through today's topic.

Adams, Jay. **Godliness Through Discipline**. P & R Publishing, 1999.

Baxter, Richard. **Dying Thoughts**. Banner of Truth, 2004.

Buford, Bob. **Halftime: Changing Your Game Plan from Success to Significance**. Zondervan, 1994.

Carty, Jay. **Counter Attack: Taking Back Ground Lost to Sin**. Third Edition. Yes Ministries, 1988.

Guinness, Os. **The Call: Finding and Fulfilling the Central Purpose of Your Life**. Word Publishing, 1998.

Miller, C. John. **Repentance and the 20<sup>th</sup> Century Man**. Christian Literature Crusade, 1975.

Owen, John. **Overcoming Sin & Temptation**. Crossway Books, 2006.

Phillips, J. B. **Your God is Too Small**. Touchstone Books, 1997.

Reed, Gerard. **C. S. Lewis Explores Vice and Virtue**. Beacon Hill Press, 2001.

Ryken, Leland. **Redeeming the Time: A Christian Approach to Work and Leisure**. Baker Books, 1995.

Swindoll, Charles. **Living On The Ragged Edge: Coming to Terms with Reality**. Thomas Nelson, 2005.

Tozer, A. W. **The Pursuit of God**. Reprint. Christian Publications, 1982.

Venning, Ralph. **The Sinfulness of Sin**. Reprint. Banner of Truth, 1997.

Wiersbe, Warren. **Living with the Giants: The Lives of Great Men of the Faith**. Baker Books, 1993.

Watson, Thomas. **The Doctrine of Repentance**. Reprint. Banner of Truth, 1987.