



Wisdom from Proverbs

Managing Your Emotions & Taming Your Tongue

Part 3 - Proverbs

Dr. Mike Fabarez • Focal Point Radio Ministries • December 4 & 5, 2010 • Proverbs Mini-Series part 3 of 3 • CD 10-35

1. Wholeheartedly _____

2. Regularly _____

3. Harness _____

4. Ingest _____

Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others.

1. Read **James 3:2**. Assuming you are not perfect, what does the lack of frequent prayers of repentance and confession regarding your words indicate about you?
2. Read **Ephesians 4:29** and **Proverbs 18:21**. Describe some of the most powerful "life" words you have received from another person that encouraged you, built you up, spurred you on, or gave you incredible comfort in a critical moment.
3. Read **2 Corinthians 12:20**. Which of the eight sinful problems in this verse brings the most conviction to your heart based on the tendencies of your words when they are unguarded?
4. Read **Ephesians 5:4**. Knowing that our comedy-loving culture has desensitized modern Christians to these concerns, how would you define the line between acceptable humor and the sins described in this verse?
5. Read **Matthew 12:36** and **Luke 12:2**. How do verses like these motivate you to give more attention to the use of your words?
6. Read **Luke 6:45**. What specifically does this verse encourage you to do as it relates to fueling your heart to speak good words?

The CBC Bible Reading Schedule for this Week:

Go to ESV.org (Reading Plans: Through the Bible) for schedule prompts.

December 5th

Dan.5-6 & 1Jn.4

December 6th

Dan.7-8 & 1Jn.5

December 7th

Dan.9-10 & 2Jn.

December 8th

Dan.11-12 & 3Jn.

December 9th

Hos.1-4 & Jude

December 10th

Hos.5-8 & Rev.1

December 11th

Hos.9-11 & Rev.2

December 12th

Hos.12-14 & Rev.3

For sermons on MP3 go to FPR.info. The following are other available sermons related to today's subject matter.

CD # 0402 – **Watch Your Mouth: The Toughest Resolution of All**

CD # 9842 – **Shed Unwanted Words: Better Than Losing Weight**

CD # 0114—0118 – **Internal Warfare (a four-part series)**

CD # 0725—0732 – **Our Fight With Sin (an eight-part series)**

Here are some books which may assist you in a deeper study of the truths presented in today's sermon. While Pastor Mike cannot endorse every concept presented in each book, he does believe these resources will be helpful in profitably thinking through today's topic.

Bennett, Arthur. **The Valley of Vision: A Collection of Puritan Prayers & Devotions**. Banner of Truth, 1997.

Bridges, Jerry. **The Pursuit of Holiness**. NavPress, 1996.

Hamilton, James M. **God's Indwelling Presence**. B & H, 2006.

MacDonald, James. **Lord, Change My Attitude (Before It's Too Late)**. Moody Press, 2001.

Mayhall, Carole. **Words that Hurt; Words that Heal**. NavPress, 2007.

Murray, Andrew. **Humility: The Journey Toward Holiness**. Bethany House, 2001.

Packer, J. I. **A Quest for Godliness**. Crossway Books, 1994.

Ralevic, Simo. **The Tongue: Our Measure**. Banner of Truth, 1996.

Tripp, Paul David. **War of Words: Getting to the Heart of Your Communication Struggles**. P & R Publishing, 2000.

Tripp, Tedd. **Shepherding a Child's Heart**. Shepherd's Press, 1995.

Venning, Ralph. **The Sinfulness of Sin**. Reprint. Banner of Truth Trust, 1997.